
**The Relation of Nutrition Awareness with Happiness and
Educational Operation of Sixth Grade Elementary Students of Birjand
County**

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Abstract

Suitable nutrition is one of the most important necessities of bodily and mental health supply or in other words the main pillar of society's good health. Presenting the safe dietary for child, maintaining and desirable distribution and also controlling the sustenance places and foodstuff divisions in schools is so important. Then the present article is of descriptive-correlational which has been accomplished with the aim of inspecting the relation of nutrition awareness with happiness and educational operation of sixth grade elementary students of Birjand County. The statistical community of research includes all of the sixth grade elementary students which were under study in 2014-2013 school time and according to Corejessy and Morgan table, recording the size of community (500 people), the statistical sample of 210 people has been simply determined randomly. For data collection the Oxford's happiness questionnaires (1989) and verified questionnaire of nutrition awareness has been used. Also the data analysis has been accomplished by the use of multivariate Variance analysis and Spearman's coefficient correlation. The findings of research indicated that there was a meaningful relation between

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nutrition awareness and happiness but there was not such relation between nutrition awareness with happiness and educational operation.

Key Words: Nutrition Awareness, Happiness, Educational Operation