

The Relationship between Family Performance and Aggression of Students at the Farhangian University of Birjand

Ali Zare Moghadam¹

Somayeh Mohamadi Moghadam²

Abstract

Aggression is one of the main obstacles to a healthy and effective communication and compatibility with other members of the society. Compatibility is one of the components required for social life. Family, as the first community where children begin to learn, is important and remarkable. Accordingly, this research was conducted to determine the relationship between family performance and aggression of students. The present study was a correlational research. Statistical population of the research consisted of all students studying at the Farhangian University of Birjand (Imam Sajjad Campus) in the academic year of 2016-2017 (n=235). Using Cochran's formula and cluster random sampling, 146 subjects were selected as the sample of the research. Epstein, Bishop and Baldwin's Family Assessment Device (1983) and Novaco Anger Inventory (1986) were the research tools. For data analysis, Pearson correlation test and regression analysis were used. Correlation results showed that there is a negative and significant relationship between aggression and the subscales of communication, emotional connection, role play, overall performance, problem-solving, emotional companionship and behavior control ($P < 0.01$). The results of regression analysis for predicting aggression through the subscales of family performance showed that only the subscale of overall performance (-0.461) predicted

1. Lecturer, Education Science, Faculty Member, South Khorasan, Nehbandan, Corresponding Author; ali_zare@alumni.ut.ac.ir

2. BA, Education Science, Farhangian University, Birjand, Email: smohammadimoghadam98@gmail.com

aggression variable significantly. According to the findings, there is a negative and significant relationship between family performance and aggression. This means that the better the families' performance, the less aggressive their children will be. Therefore, families play an effective role in the future of their children and having a right performance, they can reduce their children's aggression.

Keywords: Family Performance, Aggression, Students